

		dl	dt	dc	dj	dv	db	dg
07:00 - 07:15	XPRESS			ABDOMINALS				
08:00 - 08:15	XPRESS	ABDOMINALS			ABDOMINALS			
10:15 - 10:30	XPRESS						ABDOMINALS	
10:30 - 10:45	XPRESS					ABDOMINALS		
11:15 - 11:30	XPRESS							ABDOMINALS
12:15 - 12:30	XPRESS			ABDOMINALS				
14:00 - 14:15	XPRESS	ABDOMINALS				ABDOMINALS		
15:00 - 15:15	XPRESS			ABDOMINALS				
16:00 - 16:15	XPRESS		ABDOMINALS					
17:15 - 17:30	XPRESS						ABDOMINALS	
18:00 - 18:15	XPRESS		ABDOMINALS					
20:00 - 20:15	XPRESS	ABDOMINALS				ABDOMINALS		
21:00 - 21:15	XPRESS			ABDOMINALS				