

		l	m	x	j	v	s	d
07:15 - 08:00	SALA 1			BODY PUMP				
08:30 - 09:30	SALA 1		BODY PUMP					
09:30 - 10:30	SALA 1	BODY PUMP						
10:00 - 11:00	SALA 1					BODY PUMP		
10:15 - 11:15	SALA 1						BODY PUMP	
13:15 - 14:00	SALA 1				BODY PUMP			
15:00 - 15:45	SALA 1			BODY PUMP				
18:15 - 19:00	SALA 1		BODY PUMP					
18:45 - 19:30	SALA 1				BODY PUMP			
19:30 - 20:15	SALA 1	BODY PUMP						
20:00 - 20:45	SALA 1					BODY PUMP		
21:15 - 22:00	SALA 1			BODY PUMP				